

# Patient Medical History

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

What is your main reason for seeing us today? \_\_\_\_\_

When is the last time you took an antihistamine (Benadryl, Zyrtec, Claritin, Allegra, etc.)?  
\_\_\_\_\_

Have you been experiencing any of these symptoms lately?

Itchy Eyes\_\_      Runny Nose\_\_      Trouble Breathing\_\_      Eye Swelling\_\_  
Watery Eyes\_\_      Congested Nose\_\_      Wheezing\_\_      Hives\_\_  
Red Eyes\_\_      Sneezing\_\_      Difficulty Swallowing\_\_      Itchy Rash\_\_  
Swollen Eyes\_\_      Itchy Throat\_\_      Lip Swelling\_\_      Non-Itchy Rash\_\_  
Itchy Nose\_\_      Cough\_\_      Face Swelling\_\_      Other:\_\_

For how long have you had these symptoms?  
\_\_\_\_\_

Current Medications: Please list all prescription and over the counter medications and supplements/vitamins.

Name of Drug	Dosage (2 mg, 2 puffs, 1 tsp, etc.)	Frequency (1 x day, as needed)

Drug Allergies or Drug Adverse Reactions?      No       Yes

If yes, list all medications and symptoms: \_\_\_\_\_  
\_\_\_\_\_

**Please circle and provide details if you have ever been diagnosed with the following medical conditions:**

Allergic rhinitis (nasal allergies) \_\_\_\_\_

Asthma \_\_\_\_\_

Lung Disease other than asthma \_\_\_\_\_

Respiratory /Nasal Allergies \_\_\_\_\_

Food Allergy \_\_\_\_\_

Diabetes \_\_\_\_\_

High Blood Pressure \_\_\_\_\_

Heart Disease \_\_\_\_\_

Bleeding Disorder \_\_\_\_\_

Cancer \_\_\_\_\_

Autoimmune or rheumatologic disease \_\_\_\_\_

Immunodeficiency disease \_\_\_\_\_

Genetic disease \_\_\_\_\_

Anxiety \_\_\_\_\_

If you have any other medical conditions, including psychiatric, other than the ones listed above, please list:

\_\_\_\_\_  
\_\_\_\_\_

**Please list all surgeries:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Family Medical History (CIRCLE and list any parents, siblings, children):**

Asthma \_\_\_\_\_

Allergic rhinitis \_\_\_\_\_

Food Allergy \_\_\_\_\_

Immunodeficiency disease \_\_\_\_\_

Genetic Disease \_\_\_\_\_

Autoimmune or rheumatologic disease \_\_\_\_\_

Any other diseases \_\_\_\_\_

**Social/Environmental History:**

**Tobacco**

Non Smoker

Quit (Start year: \_\_\_\_\_ Stop Year: \_\_\_\_\_)

Current (Start Year: \_\_\_\_\_)

Chewing/smokeless tobacco

**Pets**

Cats# \_\_\_\_\_

Dogs # \_\_\_\_\_

Birds # \_\_\_\_\_

Other : \_\_\_\_\_

**Do you have frequent exposure to second-hand smoke?**  Yes  No

**How many drinks of alcohol do you have?**

Per day \_\_\_\_\_ Per week \_\_\_\_\_ None/less than 4 drinks per month

**Occupation/Education**

Job Title or Employer: \_\_\_\_\_

Retired

Disabled

Unemployed

Homemaker

Daycare

Pre-School

School

College/Graduate School

**If you are here for hives and/or swelling:**

How long have you had the symptoms:

\_\_\_\_\_

How often do you have the symptoms:

\_\_\_\_\_

**What triggers your Symptoms: (CIRCLE)**

Heat    Cold    Pressure    Exercise    Medications    Not sure

Other: \_\_\_\_\_

**If you are here for insect sting allergy:**

When did your reaction occur: \_\_\_\_\_

What type of insect: \_\_\_\_\_

Symptoms that occurred after sting: (CIRCLE)

Swelling at sting site    Lip/tongue/throat swelling    Hives    Trouble breathing    Vomiting

Other: \_\_\_\_\_

Treatment received for reaction: \_\_\_\_\_

\_\_\_\_\_